

# Pamela Wells

**Artist:** Pamela Wells

**Title:** U R What U Eat

**Date(s):** 1st edition: April - June, 1994; 2nd edition: begins April, 1995.

**Physical Description:** Bite-size chocolates (poured in custom-made mold with low-relief positive affirmations), wrapped in aluminum foil with computer-generated "label", approx. 1" x 1 1/2" x 1/8".

**Distribution:** 1st edition: placed in the mailboxes of the faculty and staff of entire Art Department at the University of Wolverhampton in England; passed out to students in the Ceramics Department. Left in a bowl in the kitchen at a community arts organization in West Bromwich, England. Given to friends and associates. Mailed internationally. 2nd edition: gallery distribution and on Third Street Promenade in Santa Monica.

**Project Description:** Bite-sized chocolates, a hospitable offering of sorts, provide positive affirmations. ("You are worthy", "You can do it", "Hold onto your ideals", "Your dreams are important" ...) Playing off the Roman Catholic notion of transubstantiation, U R What U Eat implies that if you eat good thoughts, you will become them.

**Artist:** Pamela Wells

**Title:** Finders Keepers

**Date(s):** Summer 1994

**Physical Description:** 19 altered found books (glued, burnt and painted, with photographs and found objects in cut niches), placed in large ziplock bags; digitally-imaged "map", 9" x 12".

**Distribution:** Left anonymously at various locations all over England, (on a bus, on a park bench, in a forest, in an alley, under a tree). "Map" with photos of each book placed in public art spaces and mailed to galleries.

**Project Description:** "I like the idea of hide & seek art. Making oneof-a-kind, 'precious' objects, sealing them in freezer bags and abandoning them has a hit & run feel, enabling me to interact with an unsuspecting audience in an uncustomary manner. The 'map' serves both as a guide and an intersection with the traditional gallery system."



**U R What U Eat (1<sup>st</sup> edition: April-June 1994; 2<sup>nd</sup> edition: begins April 1995)**



**Finders Keepers (Summer 1994)**